



Sustainable Carolina News



SUSTAINABLE CAROLINA EVENTS

Green Quad Yoga Hour



Date: Monday, Sept. 17
Time: 5:45 p.m. to 6:45 p.m.
Location: Room 101



Join Andrea White & Kevin Landers!

John Adams Hodge: "Introduction to Light Pollution"

Date: Monday, Sept. 17
Time: 7 p.m.
Location: Learning Center Room 103

John Adams Hodge will present "An Introduction to Light Pollution and What You Can Do About It & Inspiration from the Universe". The 1st half of the program will deal with the issue of light pollution & the 2nd half will consist of a show of gorgeous photos of the heavens that were taken through his telescope at Bethune. His observation interests are in deep sky imaging & in cataclysmic variable stars. He is an adjunct

professor in the Environment and Sustainability Program (ESP) at USC.
(co-sponsored by the Sierra Club)

Transplanting Workshop

Date: Monday, Sept. 17
Time: 5:15 p.m.
Location: Carolina Community Garden (behind building C)

Everyone could use a head start, even plants. After some time in the greenhouse, it is time for crops to enter the real world. Help us transplant crops into the garden and learn why it is an important practice.



Grass Roots Yoga

Date: Tuesday, Sept. 25
Time: 8:00 a.m.
Location: Davis Field (Grass between Russell and Library)

Don't fall behind. Find balance in the new Equinox!

Rocky Branch Basin Bus Tour

Date: Monday, Sept. 24
Time: 2:30 p.m.
Location: Departing from corner of Sumter & Wheat streets

Dr. Allan James, USC Department of Geography & professor of the Watershed Management class, will lead our group on a trip explaining how the Rocky Branch watershed, stressed by impervious pavement, small underground pipes & clogged drains, still manages to blow us away by its hidden beauty and not-so-hidden power in a storm event. Also joining us will be Ryan Nevius, Executive Director of Sustainable Midlands & founder of the Rocky Branch Watershed Alliance.

Learn more about all the issues surrounding sustainable use of local waterways. We'll join David Whiteman's "Green Explorations" class. The bus will leave the corner of Sumter & Wheat Streets at 2:30 on September 24th. The tour will return to the point of departure at 4:30. 18 seats are left on the bus, so reserve your seat today at <http://www.rockybranch.eventbrite.com>.



Calling All Students!

We could use your assistance during our Tailgate Recycling Program! 30 volunteers are needed at each game to hand out plastic recycling bags to tailgaters as they enter the main tailgating lots.



Volunteers are needed beginning 5-6 hours before kickoff. (For 12:00 pm games, we will need you around 8:00 a.m.) Each volunteer will be asked to commit to a 2-3 hour shift and should be done well in advance of kickoff. You get a t-shirt, too! Contact Malte Weiland at weiland@fmc.sc.edu if interested!

Healthy Carolina Farmer's Market: Health & Wellness Day

Date: Tuesday, Sept. 18
Time: 10:00 a.m. to 2:00 p.m.
Location: In front of Russell House

Student Health Services Campus Wellness will provide free blood pressure checks, body fat % measurements & info about its nutrition, physical activity, stress prevention and sexual health programs & services.

CAMPUS EVENTS

University of South Carolina Career Center's Career Fest

Date: Wednesday, Sept. 19
Time: 12:00 p.m. to 4:00 p.m.
Location: Columbia Metropolitan Convention Center

Save the date! There will be shuttles from Green Street to the Convention Center. Stop by the Career Center for more information and to prep for meeting with employers! Visit www.sc.edu/career for more information. This fair is for non-technical positions only.

Science, Engineering & Technology (SET) Fair Fall 2012

Date: Wednesday, Sept. 19
Time: 12:00 p.m. to 4:00 p.m.
Location: Columbia Metropolitan Convention Center



The shuttles leaving from Green Street may be taken. Again, visit www.sc.edu/career to find out more!



UNIVERSITY OF
SOUTH CAROLINA

Career Center





Holistic Health: A Tibetan Monk's View

Date: Thursday, Sept. 27

Time: 7:00 p.m.

Location: Unitarian Universalist Fellowship, 2701 Heyward St.

Geshe Dakpa Topgyal, the spiritual director of Buddhist centers in Columbia & Charleston, will speak on "Holistic Health: A Tibetan Monk's View." The talk is free and open to the public.

In his book "Holistic Health," Geshe Topgyal explains how to create & sustain health with good food and helpful spiritual practices, such as meditation. His talk will be drawn from the book. Geshe Topgyal, who has lived & taught here since 1996, was born in the western region of Tibet. When he was 6 years old, his family escaped to India during the Chinese invasion. He entered Drepung Loseling Monastery when he was 10; there, he received his geshe degree, the equivalent of a Western doctorate in religion & philosophy. He later taught in Europe and the U.S., giving lectures and meditation workshops. He is the spiritual director of the S.C. Dharma Group in Columbia and the Charleston Tibetan Society.

For more information, visit scdharma.org or contact Nancy Kreml @ 803-467-7759

COMMUNITY EVENTS

Annual Saluda River Sweep

Date: Saturday, Sept. 15

Time: 9:00 a.m. to 12:00 p.m.

Location: Far right (West) end of the Riverbanks Zoo parking lot (at 8:45 a.m.)

Every third Saturday in September Keep the Midlands Beautiful, along with thousands of South Carolinians, volunteer to clear trash from our beaches, rivers, lakes, marshes, and swamps. This year we will again clean the banks of the Lower Saluda River. Jacqueline Buck, Executive Director of Keep the Midlands Beautiful, looks forward to a great turn out of volunteers.

Registration for this event is not required. Volunteers should meet at the far right (West) end of the

Big Bird Hike: Searching for Migrating Warblers and Thrushes

Date: Saturday, Sept. 22

Time: 8:30 a.m. to 12:00 p.m.

Location: Congaree National Park, Harry Hampton Visitors Center

Join us for a hike to look for migratory birds moving through on their way back to Central America. During the hike, we will practice audio identification skills (mostly of resident species), and observe several species up close.

The hike will be part of the North American Migration Count for Congaree National Park, and our observations will be part of a statewide compilation. We plan to cover other areas of the park following the Big Bird Hike and welcome additional volunteers.

Contact John Grego (803-331-3366; jrgrego@mindspring.com). Please bring water, insect repellent and binoculars. Hiking footwear is recommended.





ABOUT US

Sustainable Carolina

The next stage in the evolution of sustainability education and advocacy at the University of South Carolina, encompassing the efforts of the Green Quad, the Learning Center for Sustainable Futures, and the Office of Sustainability. Our mission is "to advance the University of South Carolina's efforts to educate and transform the campus by promoting collaborative relationships among administrators, students, faculty, staff and community members for exploring and implementing the changes required to create a sustainable campus and society."



Most of our events are held in the Learning Center for Sustainable Futures, which is a one-story building in the middle of the Green Quad. The Quad is located south of Wheat Street, between Main and Sumter. There is a walkway through the middle of the Quad running between Main and Sumter, and the entrance to the Learning Center is off the walkway among four palmetto trees.

Parking is most easily available on the top level of the Sumter Street parking garage (as you drive down the hill on Sumter, from Blossom toward Wheat, take the first driveway on your right). Some parking is also available along Sumter and Main streets. Three university parking lots are nearby, one on Main between Blossom and Wheat and the other two are off Sumter Street, farther down the hill (south) past the overhead bridge.

Check us out!



Contact:

Renee' LeBouef, Marketing Communications Graduate Assistant, 985-691-2103, renee.lebouef@gmail.com.

OPPORTUNITY KNOCKING

Join the Student Sustainability Fund Committee

More information... [Click here](#)

Internships @ Sustainable Midlands

More information... [Click here](#)

Internships @ City Roots

More information... [Click here](#)

Part-time Assistant @ Keep the Midlands Beautiful

More information... [Click here](#)

Take a Break from Exhaust!

More information... [Click here](#)

Conservation Voters Needs Your Help!

More information... [Click here](#)